

Facials

European Treatment (50 minutes)

A standard facial for normal skin revitalizes and deep cleanses, and is followed by an exfoliating treatment. Then face, neck and shoulder massages will emphasize relaxation. A revitalizing masque is followed by a nutrient-rich moisturizer, which hydrates and protects, while restoring the natural balance of your skin.

Demi-Facial (30 minutes)

The skin is cleaned and a masque applied that tones and moisturizes.

Custom Treatments (30 minutes)

Your aesthetician will customize your facial, similar to the following:

COLLAGEN- good for all skin types
Leaves skin softer, smoother and lighter.

OXYGEN- good for smokers, penetrates oxygen into sluggish, dull skin and gives its glow back.

MULTIVITAMIN- good for environmentally damaged skin
Can improve skin elasticity, tone and texture.

SENSITIVE SKIN- good for Rosacea sufferers and Retin-A users. A gentle, but thorough cleansing relaxes skin as it protects, calms, sedates, and cools.

DEHYDRATED SKIN- smooths, softens and moisturizes skin, easing lines, dry lines and reducing tight dryness.

OIL-CONTROL TREATMENT- unclogs the skin to allow it to breathe and reduces break-outs.

ACNE TREATMENT- deep cleansing that defoliates skin, leaving it healthier while controlling oil and clearing break-outs.

Aromatherapy Treatment

A customized blend of botanical essences to nourish, soothe and purify the skin, while a deep cleansing and exfoliating peel restores the healthy radiance of your skin.

Hot Stone Facial

Enjoy a customized European facial with a soothing hot stone massage. Heated, polished Basalt Lava stones are placed on pressure points on the back and stomach as well as used in the facial massage.

Relaxing Eye Treatment

A gentle cleansing and exfoliation. Followed by a pressure-point massage increased circulation and diminishes dark circles. A hydrating, cleaning masque helps eliminate puffiness and a firming booster reduces fine lines.

Massage Therapies

Swedish Massage

Available in 30/60/90 minute increments

Light to moderate pressure and traditional strokes and kneading techniques are used to create a feeling of well being with deep relaxation.

Neuromuscular Deep Tissue Therapy

Available in 30/60/90 minute increments.

For areas of the body that have developed concentrated stress and tension. These trigger points are self-sustaining irritable spots which cause muscles to gradually lighten and shorten, limiting function and motion of the muscles and causing weakness and pain. Stretching is also used to lengthen muscle fibers.

Aromatherapy

60 minute treatment

Choose an essential oil to relax, balance or energize mind, body and spirit. Oils are combined with the Swedish massage strokes to stimulate your body using the sense of smell and healing affects of the essential oils to release toxins and tensions.

Hot Stone

70 minute treatment

Enjoy a soothing massage with penetrating heat. Heated, polished Lava Stones and long, slow strokes loosen muscles and relieve stress. Treatment may be personalized with your choice of essential oils.

Body Treatments

Steam Treatment

60 minute treatment

Relax, refresh and revitalize. This ancient and relaxation technique uses exfoliation of the chin, aroma oils and steam to increase lymphatic drainage and white blood cell count (to fight disease). It decreases anxiety and mental fatigue, while the mind stays alert and the body reaches a deep state of relaxation.

Back Treatment

45 minute treatment

For the latest in vitamin repair and hydroxyl acid exfoliation, try our new treatment designed to treat environmentally damaged skin. Treatment includes a non-irritating vitamin recovery masque to noticeably improve skin elasticity, tone and texture.

Dead Sea Salt Glow

50 minute treatment

An exfoliating treatment based on minerals derived from the Dead Sea and botanicals in which dull surface skin cells are removed, circulation is stimulated and skin is renewed.

Hands On Bridal, Corporate and Birthday Services

For groups of 4 or more.

Ask about special pricing for individual services or Package pricing.